



### Introduction

### Safety Support Strength

Juno Women's Aid is a specialist domestic abuse organisation in Nottingham and one of the largest in the UK. We work with women, children, and teens who have been affected by domestic abuse in Ashfield, Broxtowe, Gedling, Nottingham City, and Rushcliffe.

### Our impact

In 2021-2022 we have supported **2095 Women** and **360 Children** and **Young People** through our services. Our helpline received **17,320** calls and we supported **49 pets** who were fostered.





### Our Impact

#### **Quote from a Teen Survivor**

"My worker made me realise about DA (Domestic Abuse) and that the relationship I was in was not healthy. I was helped and supported to leave. The relationship I had with the worker help me move forward and changed me as a person. I got the strength to leave."

in 2021 -2022 we supported

+2095
Women

+360
Children & Young
People

+49
pets fostered





£2,000

Could pay for a 10-week healthy relationships course for 12 women, helping to break the cycle of abuse

### £450

Could help a woman and her children set up her new home after leaving our refuge

### £162

Could help contribute
to the support of a
woman and her
children in our refuge
for a month

### £65

Could pay for an emergency night's accommodation for a woman

### Help us to change lives

If you would like to fundraise for us and help us support more women and children, here's what your money will help achieve:

### £50

Could provide a
week's food for a
woman and her
children if they have
no access to money







### Get social

To encourage sponsors
ensure you post your
fundraising activities on social
media and tag us.

# Fundraising Tips

### **Get Planning**

The best fundraisers have been well planned and organised.



### Resources

Be sure to use our free resources on our website to help promote your fundraiser.



### Set a goal

It's best to set a fundraising target and give yourself and others something to work towards.

### It's better together...

Share your fundraising plans with friends, family and colleagues and encourage their support.





# Fundraising Ideas





### Bake Sale

Gather friends, family or colleagues together for a tasty treat.



### Fancy Dress day

A day to dress up with colleagues/friends and raise money for a good cause.



### Quiz Night

What better way to test out your knowledge then for a good cause?



### Craft Sale

Get creative and sell your handmade crafts.





# Fundraising Ideas





### Games Night

You don't have to be a Monopoly board master or play Scrabble like a pro to a host a games night. You just need games, a place to play and people to play with



#### Get Active

Whether you like running, walking or roller-skating. Set yourself a new challenge and raise money for Juno.



### Give it up

We all have bad habits, some worse than others. It's time to kick those habits and fundraise at the same time.



#### **Get Creative**

Think outside the box and get creative with new and inventive fundraising ideas.





## Fundraising Pages

Set up an individual fundraising page that you can manage with either Give as you live or Just Giving.





YOU COULD SET UP A PAGE AND SHARE IT ON SOCIAL MEDIA IN ADVANCE OF YOUR EVENT, USE IT ON THE DAY AND THEN IT ALSO MEANS PEOPLE CAN CARRY ON DONATING AFTER THE EVENT IF THEY CAN'T MAKE IT TOO!





# Have an enquiry?

Let's start sharing happiness and inspire people.

Have a question? Please get in touch below.

#### Get in touch:



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